

## This is how Pass to Pass MOVES For Parkinson's!



Pass to Pass was founded by Bill Meyer of Spokane, who was diagnosed with Parkinson's in 2009 at age 57. His mission along with Ken Kisch, outdoor photographer, was to make it easier for people with

## Parkinson's to go backpacking.

Linda Lee, board member of Pass to Pass says it best. "Being out in beautiful nature is fulfilling. Accomplishing the goals and challenges of physically walking through that beauty, on our own two feet, is rewarding to our souls.

This accomplishment fills us with confidence and determination. Sharing this experience with others is bonding and life changing in a positive way. This is living with Parkinson's Disease, with a forward motion and a strong confident attitude for life.

Many people living with PD have been avid outdoor adventurers, enjoying wilderness experiences. As their disease progresses, they are unable to carry heavy packs and are uncertain of their ability to safely navigate the challenges on the trail.

Pass to Pass provides a support hiker for each PD hiker to assist in tent set up, food preparation, packing up gear, navigating obstacles in the trail and overall help in monitoring symptoms. Pass to Pass also provides llamas to carry most of the PD hiker's gear and supplies so that the PD hiker does not need to carry a heavy pack."



Trip schedule for 2022. For more details, [CLICK HERE!](#)